



# OUTDOOR GYM EQUIPMENT

[www.bodylinesports.co.in](http://www.bodylinesports.co.in)



## INTRODUCTION



In the past decade community outdoor gyms have grown in popularity and sophistication. Well planned and executed outdoor gyms are delivering significant value to communities addressing the growing need for solutions to the disturbing trends of increasing obesity and sedentary behaviour. Bodyline has led the way in this category. Our premium outdoor park range has become the trendiest choice in complexes/ clubhouses/ offices to cater to a broader cross section of users.

We continue to carry out top class installations of outdoor fitness equipment and provide, what we believe, is the best value for money outdoor fitness equipment available on the market today. We differ from many other companies by installing all our equipment ourselves.

We provide a full 'Turn Key' package from consultation to the finished project. Unlike other companies we install TUV approved equipment which ensures a future proof quality product.



## GREAT FOR OPEN SPACES

- |                       |                    |
|-----------------------|--------------------|
| 🔴 RESIDENTIAL COMPLEX | 🔴 COMMUNITY CENTER |
| 🔴 PARKS               | 🔴 SCHOOLS          |
| 🔴 CORPORATE CAMPUSES  | 🔴 COLLEGE CAMPUSES |
| 🔴 HOSPITALS           | 🔴 MILITARY BASES   |

## OUR EQUIPMENT

### HEALTH WALKER / AIR WALKER



- Main Pipe Dia: 127 Mm
- Thickness: 3 Mm
- Base Plate Dia: 200 Mm
- Thickness: 10 Mm
- Powder Coating
- Size: 1300x610x1350 Mm

### DOUBLE AIR (SKY) WALKER WITH FOUNDATION



- Main Pipe Dia- 127mm
- Thickness- 3 Mm
- Base Plate Dia- 200 Mm
- Thickness- 10 Mm
- Powder Coating
- Size: 1300x610x1350 Mm

### SIT UP BENCH



- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1600x1065x580 mm

### MINI SKI / SURF BOARD (DOUBLE SIDED)



- Main pipe Dia: 127 mm
- Thickness: 3 mm
- Base plate Dia: 200 mm
- Thickness: 10 mm
- Powder coating
- Size: 915x1165x1345 mm

### HORSE RIDER



- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1090x560x1065 mm

### DUAL SKY STEPPER



- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1545x660x1700 mm





### **BIG TURNING WHEEL**

- Main pipe Diameter: 127 mm
- Thickness: 3 mm
- Base plate Diameter: 200 mm
- Thickness: 10 mm
- Powder coating
- Size: 875X635X1740 mm



### **TRIPLE TWISTER / WAIST TRIMMER (3 SIDED)**

- Main pipe Diameter: 127 mm
- Thickness: 3 mm
- Base plate Diameter: 200 mm
- Thickness: 10 mm
- Powder coating
- Size: 1775x1775x1475 mm



### **STANDING & SITTING TWISTER**

- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1140x865x1575 mm



### **PULL DOWN CHALLENGER**

- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 2110x890x2085 mm



### **PUSH HANDS / SPINNER (4 SIDED)**

- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1420x1140x1780 mm



### **ROWER**

- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1475x860x1065 mm

### LEG PRESS (DOUBLE SIDED)



- Main pipe Dia: 127 mm
- Thickness: 3 mm
- Base plate Dia: 200 mm
- Thickness: 10 mm
- Powder coating
- Size: 2185x460x1700 mm

### CROSS TRAINER



- Main pipe Dia: 127 mm
- Thickness: 3 mm
- Base plate Dia: 200 mm
- Thickness: 10 mm
- Powder coating
- Size: 1370x660x1755 mm

### PARALLEL BARS / PUSH UP BARS (DOUBLE SIDED)



- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1780x710x1470 mm

### STEPPER WITH TWISTER



- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1140x865x1575 mm



### **SINGLE CHEST PRESSER WITH FOUNDATION**

- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1830x735x2060 mm



### **POWER PUSH / CHEST PRESS (DOUBLE SIDED)**

- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1830x735x2060 mm

### **PULL UP**



- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 609x1397x2222 mm

### **DIPS / CHIN UP / PULL UP / LEG LIFT**



- Enhance the muscle power and function of the upper limbs (biceps and triceps), back muscle, and pectoral muscle
- Using the top rod, hold the handle rails with both hands and pull your body up using the back and bicep muscle, head close to the handle bar to perform one rep. Use closer grip for biceps and wider grips for back.
- Dip: To work the chest and tricep muscles, use the lower handle rails and hang vertically while holding the bars from sides and palms facing down. Stay in the same position and lower your body till the shoulder level and push yourself up using the chest and the tricep muscle. Lean forward to put emphasis on the chest.

### **CYCLE**



- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 1143x553x1295 mm

### **K CHAIR LEG EXTENSION/ LEG CURL**



- Main pipe Dia- 127 mm
- Thickness- 3 mm
- Base plate Dia- 200 mm
- Thickness- 10 mm
- Powder coating
- Size: 736x838x1168 mm



Inspiring Fitness

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